

Progeny of men

These are the generations of Adam until Jacob, formatted into a table. Interesting note that Abraham was alive for the first 15 years of Jacob's life.

This table is based on the Lexham English Septuagint, links are to the Brenton translation of the LXX

Name	Birth year A.M.	Name descendant	Age descendant born	Years lived after	Total age	Death year A.M.	Source
Adam	6th day	Seth	230	700	930	930	Gen 1:26 Gen 5:3
Seth	230	Enosh	205	707	912	1142	Gen 5:6
Enosh	435	Kenan	190	715	905	1340	Gen 5:9
Kenan	625	Mahalalel	170	740	910	1535	Gen 5:12
Mahalalel	795	Jared	165	730	895	1690	Gen 5:15
Jared	960	Enoch	162	800	962	1922	Gen 5:18
Enoch	1122	Methuselah	165				Gen 5:21
Methuselah	1287	Lamech	187	782	969	2256	Gen 5:25
Lamech	1474	Noah	188	565	753	2227	Gen 5:28
Noah	1662	Shem	502 ¹⁾	448	950	2612	Gen 7:6 Gen 9:28
Shem	2164	Arpachshed	100	500	600	2764	Gen 11:10
Arpachshed	2264	Kenan	135	430	565	2829	Gen 11:12
Kenan	2399	Shelah	130	330	460	2859	Gen 11:13
Shelah	2529	Eber	130	330	460	2989	Gen 11:14
Eber	2659	Peleg	134	370	504	3163	Gen 11:16
Peleg	2793	Reu	130	209	339	3162	Gen 11:18
Reu	2923	Serug	132	207	339	6262	Gen 11:20
Serug	3055	Nahor	130	200	330	3385	Gen 11:22
Nahor	3185	Terah	79	129	208	3393	Gen 11:24
Terah	3264	Abram	70				Gen 11:26
Abraham	3334	Isaac	100	75	175	3509	Gen 21:5 Gen 25:7
Isaac	3434	Jacob	60	120	180	3614	Gen 25:26 Gen 35:28
Jacob	3494	Reuben			147	3641	Gen 47:28

“And what I am saying is this: the Law, which came 430 years later, does not invalidate a covenant previously ratified by God, so as to abolish the promise.” Galatians 3:17 LSB

¹⁾

Shem fathered Arpachshad 2 years after the flood when Shem was 100 years old (Genesis 11:10) The flood happened when Noah was 600 years old (Genesis 7:6 And 7:11) With this information we can calculate How old Noah was when he fathered Shem: $600 + 2 - 100 = 502$

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